

Year One
IACP- Accredited BSc (Hons) Counselling and Psychotherapy

Formative Exercise

Title

What are for ME the three most important values in humanistic integrative counselling:

- Wordcount: 1000 words

Upload your assignment to the assignment upload portal on
<https://www.corkcounsellingservices.ie/student-resources/>

Aim

To give students an opportunity to write an academic essay in the context of the Humanistic Integrative model without the pressure of being marked. Students should freely explore their own thoughts and critical opinions. There will be written feedback given.

Objectives

- Emphasis on overall presentation – Binding, front title page, content page, page numbers, text in clear font with double line spacing, anti-plagiarism declaration.
- Emphasis on clear essay structure – introduction, main body, conclusion including chapters with clear headings, referencing and references if applicable.
- To enable students to pay good attention to overall syntax – grammar, punctuation, spelling and referencing.
- To encourage students to write a personal piece with integration of self (including own socio/cultural background) and own critical opinion.
- To afford students an opportunity to begin to integrate their own personal creativity.

Note:

Specific reading is not required for this formative essay, you can explore solely your own thoughts and opinions. However, if you want to include literature you need to pay attention to correct referencing and references at the end of your text.

Format for the presentation of your formative essay**Front Title Page**

This page should contain:

A) The title of your essay:

What are for ME the three most important values in humanistic integrative counselling.

C) Your name.

D) Your student number.

F) Your year (1st year 2023/2024).

G) The date of submission.

H) Word count 1000 words. *

* Please note your essay may not be accepted if you do not adhere to the word count (+/- 10%) outlined for this assignment.

Anti-Plagiarism Declaration:

Please include the following signed commitment on all written assignments submitted to the Cork Counselling Services Training Institute.

I hereby certify that this assignment is entirely my own work, except where I cite differently or acknowledge sources in the text itself or in the list of references

Student signature:

Date: